

Tefillin (Arm)

בָּרוּךְ אַתָּה יְהוָה	Bâruch Atâ Adonoy
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,	Eloheinu Melech hå'olâm,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו	asher kid'shânu b'mitz'voṭâv
וְצִוָּנוּ לְהַנִּיחַ תְּפִלִּין.	v'tzivânu l'hânee'ach tefillin.

Blessed are You, Lord our God, King of the universe,
Who sanctified us with His mitzvot,
and commanded us to put on Tefillin.

Tefillin (Head)

בָּרוּךְ אַתָּה יְהוָה	Bâruch Atâ Adonoy
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,	Eloheinu Melech hå'olâm,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו	asher kid'shânu b'mitzvoṭâv,
וְצִוָּנוּ עַל מִצְוַת תְּפִלִּין.	v'tzivânu al mitzvaṭ tefillin.

Blessed are You, Lord our God, King of the universe,
Who sanctified us with His mitzvot,
and commanded us regarding the mitzvah of Tefillin.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ	Bâruch sheim k'vod malchuto
לְעוֹלָם וָעֶד.	l'olâm vâ'ed.

Blessed is the Name of His glorious kingdom
for all eternity.